



St. Mary's Book of Prayers



What is Prayer?

Pray is when we talk and listen to God. There are lots of different ways to pray and lots of different prayers we use. We can pray on our own or with our class, or with the whole school or our friends. We can pray anywhere using the prayers in this book or our own words.

The Sign of the Cross

We make the sign of the cross at the beginning and end of our prayers.

In the name of Father,

And of the Son,

And of the Holy Spirit.

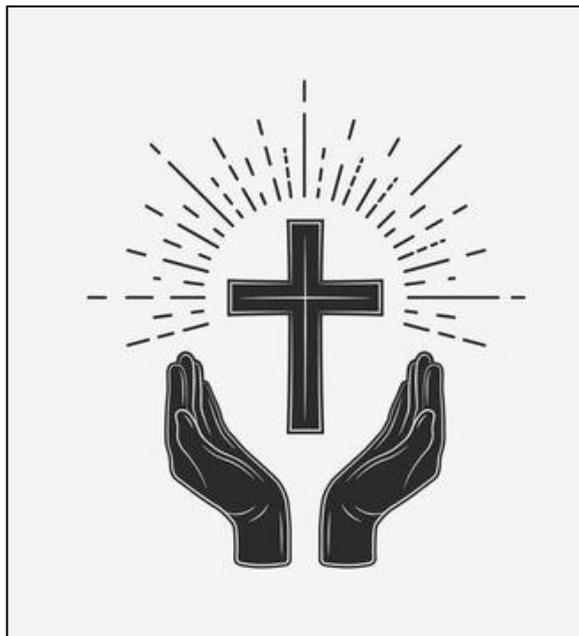
Amen.

Yn enw'r Tad,

A'r Mab,

A'r Ysbyrd Glan,

Amen.



Morning Prayers

O my God you love me

O my God you love me,
You're with me night and day.
I want to love you always,
In all I do and say.
I'll try to please you Father,
Bless me through the day.

Amen.



We open our hearts

Dear Lord,

We open our hearts to a brand new day.
Help us enjoy our work and play.
Help us make a difference in the world
today.
Help us O Lord.

Amen.



Diolch i ti O Dduw

Diolch i ti O Dduw,

am ein ysgol, ein athrwawon, ein
ffrindiau.

Diolch i ti heffyd am Cymru a'r iaith
Cymraeg.

Diolch i ti O Dduw

Amen.



Lunchtime Prayers

Grace Before Meals

Bless us O Lord as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us O Lord.

Amen.



Mae'n amser cinio

Mae'n amser cinio.
Diolch am ein bwyd
Diolch am ein bwyd
Diolch am ein bwyd
Diolch, O diolch yn fawr.

Amen.

Grace After Meals

Thank you, God,
For the food we have eaten.
Thank you, God, for all our friends.
Thank you, God, for everything.
Thank you, God,

Amen.



Diolch i ti

Diolch i ti am y byd,
Diolch am ein bwyd bob pryd,
diolch am yr haul ar glaw,
diolch Dduw am bopeth ddaw.

Amen.

Home Time Prayers

We come to say

God our Father,

We come to say,

Thank you for your love today.

Thank you for my family and all the friends you give to me.

Guard me in the dark of night and in the morning, send your light.

Amen



Guardian Angel Prayer



My Guardian Dear

Angel of God, my guardian dear,
To whom God's love entrusts me here,
Ever this day be at my side,
To light and guard, rule and guide.

Amen.

Traditional Prayers

Hail Mary

The first part of the Hail Mary was said for the first time by the Angel Gabriel. The second part was said by Elizabeth when Mary went to visit her. The last part was added later.

Hail Mary, full of grace,
The Lord is with thee,
Blessed art thou amongst women,
And blessed is the fruit of thy womb, Jesus,
Holy Mary, mother of God,

Pray for us sinners now,
And at the hour of our death.

Amen.



Our Father

Jesus himself taught us the Our Father when one of his disciples asked him to teach them how to pray

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
Thy will be done on Earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.



Amen.

Glory Be

In this prayer, we praise and glorify the Holy Trinity.

Glory be to the Father
and to the Son
and to the Holy Spirit;
as it was in the beginning

is now and ever shall be,
world without end.

Amen



Eternal Rest

We say this prayer for those who have died.

Eternal rest
Grant unto them, O Lord
And let perpetual light shine upon them,
May they rest in peace.

Act of Sorrow

We say the act of contrition to show that we are sorry. We learn it as part of our preparation for the sacrament of first forgiveness. Catholics say it when they go to reconciliation.

Oh my God, I thank you for loving me.
I am sorry for all my sins:
For not loving others and not loving you.
Help me to live like Jesus and not sin again.

Amen.



Hail Holy Queen

Hail holy Queen, Mother of Mercy.
Hail our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in the valley of tears.

Turn then, most gracious advocate, thine eyes of mercy towards us,
and after this our exile show us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God,
that we may be made worthy of the promises of Christ.

Amen



Prayer for Serenity

God, grant me the serenity to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference

Amen.



The Magnificat – The Prayer of Mary

My soul magnifies the Lord
And my spirit rejoices in God my Saviour;
Because He has regarded the lowliness of His handmaid;
For behold, henceforth all generations shall call me blessed;
Because He who is mighty has done great things for me,
and holy is His name;
And His mercy is from generation to generation
on those who fear Him.

He has shown might with His arm,
He has scattered the proud in the conceit of their heart.
He has put down the mighty from their thrones,
and has exalted the lowly.

He has filled the hungry with good things,
and the rich He has sent away empty.

He has given help to Israel, his servant, mindful of His mercy
Even as he spoke to our fathers, to Abraham and to his posterity forever.



The Angelus

The Angelus is traditionally prayed in a call and response format, with a leader announcing the versicle (V) and everyone present saying the response (R).

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace,
the Lord is with you!
Blessed are you among women,
and blessed is the fruit of your
womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.

V. Behold the handmaid of the Lord.

R. Be it done unto me according to your word.

Hail Mary . . .

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary . . .

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth we beseech you, O Lord, your grace into our hearts, that we, to whom the incarnation of Christ your Son was made known by the message of an angel, may by his passion and cross be brought to the glory of his resurrection.

Through the same Christ Our Lord.

Amen.



