

ST MARY'S MONTHLY

October 2023

@StMarysCardiff

Issue 1

A beginning of new era!

Pupils in Progression step 3 have volunteered to run a newspaper club. We will be reporting on events that take place in school, the community and around the world. We will also be reflecting on events that took place in the past.

If anyone in progression step 3 is interested in joining the newspaper club, they are more than welcome. Speak to Jack, Kelvyn or Ignancy in year 5.

We look forward to bringing you many issues to come!

October: The month of the Rosary



In October, we take the time to focus on using the Rosary during prayer.

- You start at the crucifix by saying the sign of the cross and then the Apostle's creed.
- On the next large bead you say Our Father.
- On the following 3 small beads you say the Hail Mary.
- On the chain you say the Glory be.
- Then on the next large bead you pray Our Father and you continue to pray using the Rosary in the same way.

News from St Mary's



Healthy living week

It was a momentous week! We decided to have a healthy living week to improve our knowledge of how to live healthier. Our school made a variety of healthy dishes. The children of this school agreed; it was fun and tasty too! Many of us learned lots of new skills such as cutting, peeling, and grating.

"Informal and exciting 5 days" says pupil.

Senedd groups

This year we have less but bigger Senedd groups in school.

- Mini Vinnies
- Eco & Fairtrade
- SNAG (school nutrition action group)
- Criw Cymraeg
- Super Ambassadors (UNCRC)
- Digital communication
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For progression step 2, We will explain what they do.

Mini Vinnies- They support charities within the local area.

Eco & fairtrade- They try to make little differences in how we do lessons.

SNAG- It helps our school to be healthier.

Criw Cymraeg- It encourages pupils to use Welsh more and helps us develop our Welsh skills.

Super Ambassadors- They help everybody learn about their rights

Digital Communication- They help the school with communication using IT.



News from around the world



Rugby world cup

Wales have shocked everyone by being top of their group. They next face Argentina Saturday 14th October at 4pm. Make sure you tune in to cheer on Wales!

CYMRU!!

The world remembers (9/11)

Last month, the world remembered the tragic event that happened in New York. We remember those who lost their lives in the towers and the emergency services who lost many of their brave colleagues on that unforgettable day.



Dates to look forward to in October

- 4th- Animal day
- 5th- World teachers day
- 6th- World smile day
- 10th- World mental health day
- 13th- Friday 13th unlucky for some
- 16th- World food day